

Topics of instruction included in the PEERS® for Young Adults curriculum include:

- Conversational Skills
- Strategies for Handling Peer Pressure
- Appropriate Use of Humor
- Electronic Communication
- Group Conversational Skills
- Handling Teasing, Bullying, Arguments & Disagreements
- Good Sportsmanship
- Dating Etiquette
- Planning and Having Get-Togethers with Friends

**CANCELLATIONS AND REFUNDS**

**Last day to drop the program with a full refund is Dec. 10, 2019.**

If LLCC cancels, all offering participants will receive a full refund in the manner of initial payment received. In the event LLCC is closed for inclement weather, classes will not be held. Watch for announcements on area radio, TV stations and the college's website [www.llcc.edu](http://www.llcc.edu) and social media. Upon return to campus, LLCC will notify students regarding class status and, if applicable, rescheduling.

**Community Education Spring 2020**

**PEERS®**

**Program for the Education and Enrichment of Social Skills**

Presented by:

Jen Frakes MA, BCBA ▪ Mary Pelich-Kelly MS ▪ Joy Ferry MS, COTA/L

The PEERS® (Program for the Education and Enrichment of Social Skills) curriculum is a social skills training program for young adults (Ages 18-30) with Autism Spectrum Disorder and/or other social challenges.

Young adults learn how to make and keep friends, develop romantic relationships, and handle conflict and rejection in relationships.

To promote day-to-day application of the skills learned in this program, social coaches are required to participate in the program alongside each student.

A social coach may be a family member, life coach, friend, partner, peer mentor, counselor, or any other person involved in the student's social life.

Each week during the program the young adults will meet both together and separately from the social coaches, each learning relevant skills to complement each other.

**Pre-requisites for Young Adults:**



- Between the ages of 18-30.
- Struggles with acquiring or maintaining friendships.
- Can successfully learn in a small group environment.
- Be able to speak in full sentences.
- Motivated to participate in the program.
- Committed to regular attendance.

**Tuesdays, Jan. 14 – May 12, 2020 from 6-8 p.m.**

*(no classes on Mar. 10 and Mar. 24)*

**Fee: \$995 – Payment plans are available.**

*(Last day to drop the program with a full refund is Dec. 10, 2019.)*

**Must Register in person. To schedule a registration appointment, call 217-786-2432.**



Community Education is a self-sustaining program of Lincoln Land Community College.